



Happy New Year and welcome to the first edition of the WNYVHC Newsletter. We are pleased to announce that we will have a newsletter occurring quarterly for the tenants, supporters, and staff of the WNYVHC. As this is the first edition we would like to recognize Roger Perks for winning the “Newsletter Naming Competition”. We believe Roger’s idea was creative and perfectly suited for the WNYVHC. Congratulations Roger! We are also very pleased to announce the relocation of the corporate office to Engine 16 at 1416 Main Street effective on January 16th. This move could not of come at a greater time. With the WNYVHC plans for opening another apartment



complex this move represents an even greater chance for expansion. The new corporate office will allow for the WNYVHC to expand its staff and operate at a greater capacity. The new corporate office will hold the Chief Operating Officer, Chief Financial Officer, Accounting Clerk, and two Americorps Volunteers. The office at 25 West Utica will remain in operation; however, now it will only hold the Case Manager and Property Manager. We are excited about the expansion and opportunity that comes with this move.

Welcome to new staff member Dan Bass! Dan has joined the WNYVHC as the P/T Accounting Clerk. You can find him working closely with Maria to help track financials. Please stop in and introduce yourself to our new staff member!

IMPORTANT UPDATE

For prescription refills for the VA Hospital contact this new number:
1-866-400-1239 proceed to prompt #2

INSIDE THIS ISSUE:

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- 2- Need to Know
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- 4- January Calendar



Red, White and Blues



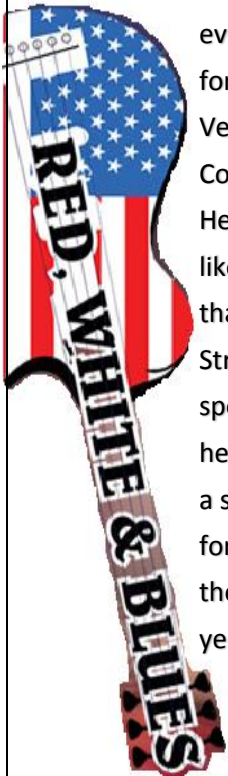
9/11 National Day of Service

Red, White, and Blues our annual salute to war heroes was a major success. The Outback Steak House provided food to well over 500 people. The event honored Colonel Stephen R. Pawlik through a recognition ceremony and live music by Tommy Z.

9/11 National Day of Service

On September eleventh the WNY Veterans Housing Coalition received help from Home Depot and The Volunteer Center at the Service Collaborative of WNY, Inc with refurbishing Engine 16, our disable veterans and homeless housing complex. Engine 16 received over \$10,000 in funding for improvements from Home Depot, Scotts Lawn Care, and The Volunteer Center at the Service Collaborative of WNY, Inc. These improvements were provided by 160 volunteers from the Service Collaborative and Home Depot. In the course of the day volunteers installed nine new energy efficient AC-Units, nine new toilets, ten new door guards, a raised garden bed, expanded sidewalk, patio, landscaped courtyard, and a new shed. These improvements have created a space for our residents that is both better suited for living with a disability and aesthetically pleasing. We are grateful to these organizations for choosing WNYVHC on such an occasion.

All and all the event raised 17,000 for the WNY Veterans Housing Coalition and WNY Heroes. We would like to personally thank the Connecticut Street Armory, our sponsors, and all that helped make the night a success. We look forward to continuing the tradition for many years to come.



9/11 Service Day



9/11 Service Day



Red, White, and Blues



Red, White, and Blues



PAST EVENTS

NEED TO KNOW

THE INFAMOUS BED BUG



PREVENTION:

- Eliminate clutter from your home
- Check any purchased furniture that is not new.
- Check your bed sheets for blood spots.
- Do not let people who have infested living spaces into your living space.
- Put double-sided tape on the legs of your bed. (This will prevent bed bugs from being able to get to your mattress).
- If you think you have bed bugs, call the WNYVHC OFFICE.

ELIMINATION:

- Dispose of the infested mattress and any other infested items. (Cut up/mark)
- Vacuum the mattress and all personal items

- Scrub the infested area with a strong soap
- Spray rubbing alcohol directly on visible bugs.
- Heat items that were infested in the dryer on "High" setting for 20 minutes.

Source

<http://www.pestworldforkids.org/bedbugs.html>

http://www.ehow.com/list_6589406_home-treatments-bed-bugs.html

HEAP BULLETIN

Winter is upon us and it is getting cold! HEAP is a federally funded program that provides heating benefits to supplement a household's annual energy cost. If you have not completed an application for HEAP you should come by the office at Engine 16 and pick up a HEAP application or see Don Paulk at 25 W Utica. We would be happy to help you fill it out or just give you a copy to complete at your own convenience.

Instructions for completing HEAP:

Read instructions on page 7

Complete the fields using blue or black ink

Sign your name on page 5

Submit to the HEAP certifier in your

Certifiers:

Erie County Department of Social Services
478 Main Street
Buffalo, NY 14202
(716) 858-7644

County Office for the Aging (60 years of age and older can apply here)
(716) 858-695

Department of Senior Services
(716) 858-6955

REMINDER

- No smoking in common areas of buildings.
- No people should be in buildings that are not allowed. (List Posted)
- Do not come into the office if you find bed bugs in your apartment, call for assistance.

Important Contact Information

WNYVHC
Phone: (716)-882-5935
Veteran's Hospital
Phone: (716)-834-9200
Social Services
Phone: (716)-858-8000
Crisis Services
Phone: (716)-834-3131
Erie County Senior Services
Phone: (716)-858-7870
National Grid
Phone: 1-(800)-642-4272
Medicare/ Medicaid Taxi
Phone: 1-(800) -829-4222
Verizon Lifeline
Phone: 1-(800)-837-4966
EPIC
Phone: 1-(800)- 332-3742

Of The



- Recipe
- Activity
- Animal
- Fact
- Joke
- Tenant

Recipe: BAKED POTATO SOUP



Ingredients:

- 2 large baking potatoes (about 8 ounces each)
- 6 tablespoons thinly sliced green onion (3)
- 3 tablespoons butter
- 3 tablespoons all-purpose flour
- 2 teaspoons snipped fresh dill or chives
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper
- 4 cups milk
- 1-1/4 cups shredded American cheese (5 ounces)
- 4 slices bacon, crisp-cooked, drained, and crumbled

Directions:

1. Scrub potatoes, pat dry. Prick potatoes with a fork. Bake in a 425F oven for 40 to 60 minutes or until tender; cool. Cut each potato lengthwise. Scoop out white portion of each potato. Break up any large pieces of potato. Throw away potato skins.
2. In a large saucepan cook 3 table spoons of the green onion in butter over medium heat until tender. Stir in flour, dill, salt, and pepper. Add milk all at once. Cook and stir for 12 to 15 minutes or until thickened and bubbly. Add the potato and 1 cup of the cheese; stir until cheese melts.
3. Top each serving with the remaining 1/4 Cup cheese, remaining 3 tablespoons green onion, and the bacon.
4. Makes 5 to 6 servings (5 1/2 cups)

Joke: What sort of ball doesn't bounce?

Activity: Ice Skating @ Fountain Plaza Rotary Rink (free)

Animal: Eastern Coyote
(Upstate New York)

Fact: If you lined up the wings that Hooters sells every year (30 million pounds) it would encircle Earth at the equator.

Joke Answer: A snowball!

TENANT ALAN LIGHTEN'S ARTWORK



Picture depicting Mojo and Mojita, the WNYVHC's cockatiels during the holiday season.

JANUARY 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 NEW YEARS Poinsettia Show, Botanical Garden, 10am. Bills 1pm.	2 Red Cross Blood Drive, 301 Meadow Drive, 8am-1pm. Bingo, Temple Beth. 4660 Sheridan Drive, 6:30pm. Office Closed.	3 Exhibition: Nancy Jurs World Peace, Burchfield Penney Art Center, All Day. Sabres 7pm.	4 R.A.D J.A.M Karaoke, Elmwood Restaurant and Lounge Bar, 10pm.	5 Wellness Walk, Tiff Nature Preserve, 10am.	6 The Furies, Crazy Jakes, 9:30pm. Día de los Reyes Sabres 7pm.	7 Nature Walk, Reinstein Education Center, Depew, NY. 10am. Sabres 7pm.
8	9	10 Sabres 7pm.	11	12	13 Sabres 7:30pm.	14 Sabres 7pm.
15	16 Martin Luther King, Jr. Day Office Closed. Sabres 7:30pm.	17 Straight Talk: Pre-Register. Free to Veterans E16 Corporate Office Opens	18 Disney on Ice Treasure Trove, HSBC ARENA, 7pm. Sabres 7:30pm.	19 GROUP w/ Don @ 17 W. Utica 1-2:30 pm. Sabres 8:30pm.	20 Ron Locurto, Pearl Street Grill and Brewery, 9pm.	21 Straight Talk, Buffalo Niagara Convention Center, 8am- 1pm. Sabres 8pm.
22	23	24 Sabres 7pm.	25	26 Mozart's Birthday, Kleinhan's Music Hall, 10:30am. Rusted Root Rapids Theatre. Niagara Falls, 7pm.	27 Organist's Day, Baird Recital Hall, 7:30pm. Attaboy, Whitehaven Road Baptist Church, 10pm.	28 Mozart's Birthday, Kleinhan's Music Hall, 2:30pm.
29	30	31 Sabres 7:30pm.				